

PLAY YOUR CARDS RIGHT

Have you ever played the game Play Your Cards Right? A long time ago it used to be a TV programme.

Find a well-shuffled deck of cards. Lay ten cards, face down, out in a row.

Explain that you are going to turn over one card at a time and that you want one person in your family to guess whether the next card will have a higher or lower value than the one before.

Aces are high, they beat kings. Explain that when the card is revealed, if the answer is correct you will keep on going.

Play the game several times? Can you make it to the end?

Is this a game of skill or a game of chance? How do you know?

Ask your family:

- What do you think will happen tomorrow?

Listen to the responses.

- What do you think will happen next week or next year?
- What can we predict? What can we control?
- What can't we control?

What has already happened today that we didn't predict?

Although we might have some idea about what will happen in the future, we can't actually predict what the future will hold. We don't know for certain what is coming next. We might have plans, but they might not happen or they might happen in a different way from what we expected. We might be able to make a good guess about what will happen, but even then, nothing is certain.

Not knowing what will happen in the future can be a bit frightening.

We can't predict the future, but we can move forward into it with skills that help us face it positively.

Ask your family:

- What skills can help us move into the future with positivity?
- Who can we trust even when the future is uncertain?
- How can they help us?