

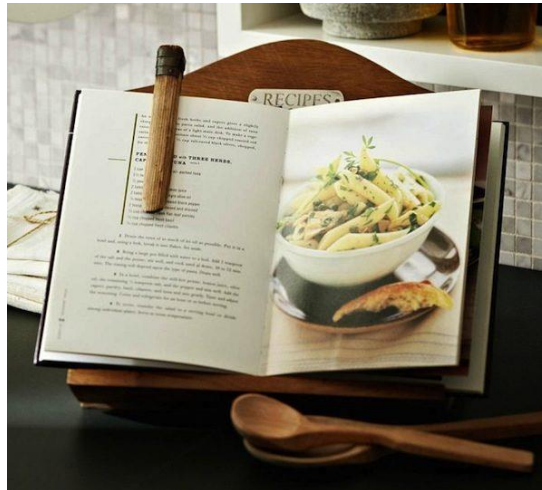
Daily Challenge – Cook something you’ve never made before

We often like to eat the same food.

We often cook our favourite meals.

Today try to follow a new recipe.

Find a cookbook on your shelf or search the internet.



Find a recipe you’ve never cooked before. It can be for breakfast, lunch or dinner. It just has to be a tasty treat you’ve never cooked or baked before.

Check you have all of the ingredients (that’s part of the challenge!)

Gather all the utensils you need and then get started.

Remember to ask an adult if you need any help, especially with knives, graters or ovens. Work safely.



Share your new recipe with your family.

Enjoy!