

## Daily Challenge 2: The Human Body Game

*This challenge is good for building resilience and a have a go attitude.*

- You will ideally need a roll of paper (old wallpaper rolls are good for this) or the largest piece of paper you can find; alternatively, use chalk and do this outside on the ground.
- This could be fun if everyone has a go and compares.
- Ask someone in your family to draw round you on the paper. If you can't find a big enough piece of paper, draw an outline of a body to fit the paper you have.
- Now have a chat with the adults or older siblings in your family and discuss what organs are in your body. Do not do any research yet. Make a list. What do you think they look like? Can you guess their shape? Have a go at drawing them (in pencil) on your outline. This is about having a go and using guess work. Most of you may never have thought about where and what the organs are. Just give it a go. See it as fun. If your younger sister thinks that your brain is in your big toe, then so be it! If you haven't studied something, how would you know? It's not about 'being clever' - it's about the fact that you just haven't studied it yet. This is important. All too often, children believe they are 'stupid' because they don't know 'stuff'. This is where the PB challenges are helpful - they demonstrate the evidence that learning and practice makes you smarter and better at things. It's not something you're just 'born with'!
- Now do some research. Find an information book or website of the human body. (Parents - you may want to check the content here!)
- Give yourself 10 minutes to look and try to remember where the major organs are. Can you do this without taking notes? Try concentrating and remembering.
- Now, without looking, see if you can draw the organs on your outline (use a different pen). Check to see how you did.
- If you're not happy with how you did, have another go.

